



## Household Destroyed Due to Husband's Brother's Intervention

Irwansyah Al Manar<sup>1</sup>, Abdul Mukhti Thabrani<sup>1</sup>, Nurul Yaqin<sup>1</sup>

<sup>1</sup>Pascasarjana Istitute Agama Islam Negeri Madura

\*Corresponding Author: Irwansyah Al Manar

E-mail: [syahmanar08@gmail.com](mailto:syahmanar08@gmail.com)



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### Abstract

Marital relationships are always related to harmony and balance is an important cornerstone. However, often, interference from third parties can become a problem that damages and threatens the stability of a household. This study aims to explore the detrimental effects of such interference on marital stability, emphasizing the importance of communication, boundaries, and mutual respect in marital relationships to overcome challenges within the household. This research uses a qualitative approach. Based on the researchers' findings, one of the common causes of marital breakdown is interference from the husband's relatives or family who are too dominant in the couple's household affairs. The role of the husband's siblings, be they younger siblings, parents, or even extended family, is often an important question in marriage dynamics.

## Introduction

In any marriage relationship, harmony and balance are important footholds (Yulianti & Astuti, 2023). However, often, the intervention of a third party can become a problem that damages and threatens the security of a household (Hadori & Minhaji, 2018). In many cases, one of the common causes of domestic rifts is the interference of the husband's brother or the husband's family who is too dominant in the couple's domestic affairs (Nurdiansari & Sriwahyuni, 2020). The role of a husband's sibling, be it a younger brother, an older brother, or even a parent, is often an important question in the dynamics of marriage (Mukarromah, 2020). Although on the other hand the intervention is carried out with good intentions, such as providing advice or assisting in conflict resolution, often the impact actually leads to chaos and disharmony.

In some cases that I have heard and seen, the intervention of the husband's brother can lead to very serious conflicts between married couples. Feelings of disrespect, loss of trust, and even breakdowns in relationships are possible consequences (Yanti, 2020). What's more, if the intervention is based on unclear motives or hidden malicious intent, such as jealousy, control, or dislike for a partner, then the damage can be more profound and difficult to repair.

Balance, independence, and respect between partners must always be prioritized in order to achieve a healthy and happy relationship (Ratnasari, 2023). When the intervention of the husband's brother crosses the line and disturbs this balance, the risk of conflict and rift in the household will be more turbulent. Not infrequently, a household that is destroyed due to the intervention of the husband's brother experiences long-term consequences that are detrimental to all parties involved. Children, if any, can be the main victims in this situation, experiencing serious emotional and psychological repercussions due to the rift in their families. In addition, the couple's reputation and social relationships can also be affected, leaving deep wounds that are difficult to heal (Sulaiman & Nasohah, 2023).

As such, it is important to recognize the importance of clear boundaries and open communication in family relationships, including in relationships between married couples and

husbands' families. Understanding the role of each party and maintaining a balance between family closeness and partner independence is key to preventing destructive interference and maintaining household harmony. Based on the review of the introduction above, the author would like to raise an article with the title "Household Destroyed Due to Husband's Brother's Intervention".

## Methods

The researcher used a qualitative approach. Qualitative research in it involves researchers so that they will understand the context with the situation and setting of natural phenomena according to what is being researched (Sugiyono, 2019). Each phenomenon is something unique, different from the others because of its different context. The purpose of qualitative research is to understand the condition of a context by leading to a detailed and in-depth description of the portrait of the condition in a natural context, about what actually happens to (tiktok application) (Sujarweni, 2014).

## Results and Discussion

In domestic relationships, the intervention of the husband's brother is one of the potential factors for the relationship between husband and wife. Through this discussion, the researcher explored the findings of the study in more detail, deepening the understanding of the psychological, social, and emotional impact of the husband's brother's intervention on the breakdown of the household.

### **Q1: Why do husbands complain to their brothers when they have problems compared to their wives?**

Husbands who prefer to complain to their brothers rather than their wives face a number of factors that affect their choice in seeking support or solutions to the problems they are facing. Below, we will outline the factors that influence such choices and the conclusions that can be drawn from the perspective of communication in domestic relationships.

Communication carried out by husbands to their brothers is considered more impactful and produces solutions than communicating with the wife. Complaining to the husband's brother is often chosen because the husband feels more comfortable and has a full sense of trust when sharing problems with them (Addieningrum et al., 2020). There is a feeling that you are a more understanding person and will not judge. However, without realizing it, this behavior can hurt the wife's heart because it makes her feel neglected or not trusted as a life partner (Nurislamiah, 2021). Based on this behavior, the communication relationship between husband and wife in the household will be further weakened and mistrust will arise in the household. In addition, the husband's sibling's appearance will be less objective if he often knows things that should not be heard and dislikes his wife's personality.

The long-standing relationship with the brother made the husband feel that only the brother understood the problem he faced best. Husbands may find that their brother can provide valuable insights or even provide necessary lessons in dealing with problems. However, this can lead to feelings of neglect by the wife, as well as the impression that the husband prefers to get support from his brother rather than from his own partner.

The researchers' findings on some cases of husband-to-wife communication with husband's brother indicate that it will be easier for husbands to communicate and talk about personal problems with their siblings than with their own partners because they are worried about hurting their partner's feelings or disrupting their relationship. This could be due to a lack of communication skills or discomfort in discussing sensitive issues with a partner.

Based on these factors, it can be concluded that the lack of good communication between husband and wife is the main factor in influencing the husband's decision to complain to his brother rather than to his wife. Intensive and effective communication between couples is very important in maintaining household harmony. By communicating openly and honestly, couples can understand each other and support each other in dealing with the problems they face. Maintaining continuous communication is key to maintaining healthy relationships and avoiding unnecessary conflicts, as well as maintaining harmony and mutual trust between husband and wife.

**Q2: What are the negative consequences if the husband prefers to complain about his problems to his brother rather than his wife?**

The negative impact that can be felt by a wife when the husband prefers to complain to his brother rather than communicate directly with him includes several things. When the husband does not share the problem with his wife and prefers to complain to his brother, the wife may feel neglected or even doubt her husband's trust in her to speak openly (Solichin & Sa'adah, 2023). This is contrary to the principles of openness and mutual respect which are the keys to harmony in the household. Gunarsa emphasized that mutual respect and mutual understanding are important aspects of family harmony, which includes giving time to listen, maintaining honesty, and strengthening togetherness and cooperation in the family.

The trust built between husband and wife is an important basis in their relationship. If wives feel that their husband is reluctant or unable to communicate with them about problems, this can undermine the foundation of trust that underpins their relationship. Openness in communication and mutual trust are very important elements in maintaining intimacy and harmony in the household, so the inability of the husband to communicate with his wife can harm their relationship.

Through an understanding of these negative impacts, it is important for husbands to consider the consequences of choosing not to communicate with their wives and complain to their siblings. Open, honest, and supportive communication between husband and wife is the key to maintaining harmony and happiness in the household, in accordance with the principles carried out in a healthy and harmonious family life (Gajah et al., 2023).

The habit of the husband complaining about his problems to the brother rather than his wife will also cause the alienation of the wife's role. Wife's isolation in a relationship is a situation where the wife feels neglected, meaningless, or useless in her relationship with her husband, especially when the husband does not want to share his problems or feelings with him. This phenomenon creates feelings of loneliness, distrust, and rejection that can damage harmony in the household. When the husband does not want to share his problems with his wife, the wife may feel neglected or not considered important in her husband's life.

These feelings that arise in the household can be very painful and interfere with the emotional well-being of the wife, because she feels that her role in the relationship is not appreciated or acknowledged by the husband (Chandika et al., 2024). Feelings of not being considered can also create an imbalance in power in the relationship, with the wife feeling that the husband has control and decision over everything regardless of his feelings or opinions. Feeling that their partner does not want to share their problems or feelings with him can make the wife feel alone in living a married life, without the support or understanding of the person who is supposed to be her closest partner and friend.

The negative impact of the husband's inability to communicate with his wife and choosing to complain to his brother has far-reaching implications in family life. Openness, trust and healthy communication between husband and wife not only create harmony in their relationship, but

also affect the overall well-being of the family (Bakir & Hafidz, 2022). By understanding the importance of good communication in maintaining a relationship, couples can avoid unnecessary conflicts and strengthen their emotional bonds, creating a warm and loving family environment.

Based on these findings, it can be seen that the husband's inability to communicate with his wife and choose to complain to his brother can have a serious negative impact on family harmony and well-being. It is important for couples to prioritize open, honest, and supportive communication in the face of problems, thus strengthening their bonds and creating a healthy and happy family environment.

### **Q3: How to overcome the intervention of a husband's brother to maintain household stability?**

Overcoming the husband's brother's interference in the marriage relationship requires a thoughtful and strategic approach. The first important step is to open communication with your husband openly. In the conversation, gently explain how the husband's brother's intervention affects the marriage relationship and invite the husband to work together to find the right solution. It is important to remain calm and empathetic during these conversations, avoiding emotional reactions that could aggravate the situation (Badruddin & Hartati, 2023). Instead, listening patiently and understanding your husband's point of view and conveying your thoughts calmly can help build a better understanding between the couple.

It is important for husband and wife to set clear boundaries with their husband's siblings regarding interference in household affairs. Invite your husband to understand the importance of maintaining privacy and autonomy in the marriage relationship, and realize that household decisions should be made together as a couple. Involve the family together to discuss the problem of the husband's sibling interference, clearly convey how the interference affects the stability of the household, and strive to reach a mutually beneficial agreement (Aisyah & Mansur, 2021). If your husband's interference continues to be a serious problem, consider seeking help from a marriage counselor. Marriage counseling can provide a safe space to explore the problem more deeply, find effective solutions, and strengthen the emotional bond between husband and wife (Hamidah & Junitasari, 2021). In addition, maintain open communication and togetherness in the marriage relationship. Discuss regularly about each other's hopes, concerns, and needs as a couple.

Husbands and wives in a household must respect and respect each other's relationship with their families, even if there is interference that arises. By maintaining healthy and supportive communication, as well as implementing these measures wisely and planned, husband and wife can overcome the interference of husbands and sisters and maintain stability and happiness in the marriage relationship (Badruddin & Hartati, 2023). In addition, married couples can openly avoid unnecessary confrontations and behave with patience and understanding. By maintaining healthy communication, implementing clear boundaries, and finding solutions that work together to establish domestic harmony (Hasibuan & Sirait, 2022).

### **Conclusion**

Based on the discussion of the wife's isolation in the relationship because the husband does not want to share the problem with him, several significant conclusions can be drawn that open and honest communication between husband and wife is the key to maintaining harmony and intimacy in the relationship. The husband's inability to share problems with his wife can create a communication gap that damages the emotional bond between the couple. In addition, the wife's alienation in the relationship has a significant impact, including feelings of disrespect, loneliness, and decreased trust. This can threaten the emotional and psychological well-being

of the wife as well as the harmony in the household as a whole. The estrangement of a wife has far-reaching implications in domestic life, including increased conflict, unhappiness, and even the risk of divorce. This is an important step in building a strong and sustainable relationship.

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